



BOGEY JUNIORS (7 – 10 yrs. old)

We work hard with our Bogey Junior Players to communicate how and why certain physical events (such as making “flush contact” with the ball) are made possible.

At this stage in the development of their swing, we simply want to instill a series of simple, fundamental, yet essential biomechanical movements into our Bogey Juniors’ swing mechanics.

We require our students to begin developing their swing without using a golf club; then we gradually introduce a club, but still reinforce the concept that it is merely “an extension of their hands and arms”, and that “everything must remain connected” to their body throughout the entire swing.

We strongly believe this is the foundation (of motion) from which a solid golf swing can be built. Seeing them learn how to “move the club through the ball; not simply “slap at the ball” is our main goal.

COURSE CONTENT

SHORT, MEDIUM AND “LAG” PUTTS
INTRODUCTION TO CHIPPING
THE CHIP & RUN
THE ¼, ½ AND ¾ SWING PITCH SHOT
DEVELOPING LOFT
WEIGHT SHIFT, AND HIP TURN
INTRODUCTION TO THE FULL SWING

BOGEY JUNIORS (ages 7-10)

SERIES DURATION - 1 WK. | 3 SESSIONS / per WEEK | (2 HRS. / SESSION; 6 HRS. TOTAL)

SERIES NO.	DAYS	DATES	TIME	FEE
B-5	MON - WED	AUG. 4, 5, 6	8:00 – 10:00 AM	\$300.
B-6	MON - WED	AUG. 11, 12, 13	8:00 – 10:00 AM	\$300.

6 WEEK FALL SERIES | 1 SESSION / per WEEK | (1 HR. / SESSION; 6 HRS. TOTAL)

FB-7	THURSDAY	Sept 11, 18, 25 Oct 2, 9, 16	4:30pm - 5:30pm	\$300.
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