

## HIGH SCHOOL PREP / PLAYER CO-ED COMBINE

(13 - 17 yrs. old)

P. B. G. A.'s unique High School Prep (preparation) / High School (team) Player classes offer a CO-ED setting in which 7<sup>th</sup> and 8<sup>th</sup> grade students train together with High School Team Players to better prepare them for success at high school team tryouts, matches, or I.J.G.A. Tournaments.

Our "COMBINE" format generates a lot of new friendships, as well as some awesome athlete mentoring. Our 7<sup>th</sup> and 8<sup>th</sup> graders are able to meet, train, and potentially compete with our older high school students, many of whom may have already made their H.S. team, thus providing some valuable insights to them.

Students are initially evaluated, and then assigned to train/compete with players that possess similar skill sets. Our most senior instructors work with these players to deliver in-depth instruction regarding improvement of technical skills, pre-match preparation as well as a substantial amount of on-the-course coaching regarding playing competitively or under match conditions.

Each day, one hour of skills instruction is followed by either a set of short-game skills competitions or simulated match-play out on the course. Students are taught how to develop a pre-round routine consisting of warm-ups, stretching, chipping and/or putting practice, playing nine holes of simulated match conditions (with coaching observation). The final week of the series culminated with a "Tournament Quality" golf experience; foursomes on-the-course, stroke play... for the trophy!

## **COURSE CONTENT**

MASTERING THE BIOMECHANICS
ENGRAINING A PRE-ROUND PREPARATION ROUTINE
COURSE AND HOLE MANAGEMENT
ENGRAINING A PRE-SHOT ROUTINE
PUTTING; READING THE BREAK, LINE, AND SPEED
"ONE-PUTT" ACCURATE CHIPS AND PITCHES
IRONS, HYBRIDS, & FAIRWAY METALS
DRIVER



## HIGH SCHOOL PREP/PLAYER CO-ED COMBINE (ages 13 –17)

SERIES DURATION - 6 WKS.

1 SESSION per WEEK

(4 HRS. / SESSION; ALL SIX SESSIONS = 24 HRS. TOT.) 8:00 AM - 9:00 AM; SKILLS INSTRUCTION EACH DAY 9:15 AM - 12:00 PM; COMPETITIVE PLAY EACH DAY

SERIES NO.	DAYS	DATES	TIME	FEE
HS-1	FRI.	JUN. 20, 27	8:00 AM – 12:00 PM	
110-1	T IXI.	JUL. 11, 18*, 25*	8:00 AM – 12:00 PM*	
		AUG. 1**	7:30 AM - 12:00 PM**	\$960.
			(ALL SIX SESSIONS)	

<sup>\*\*</sup>END-OF-PROGRAM TOURNAMENT WILL BE HELD @ OAK BROOK GOLF CLUB ON AUGUST 1st (students must register for all six sessions in order to participate in the END-OF-PROGRAM TOURNAMENT)

INDIVIDUAL DAY SERIES	(NO INDIVIDUAL DAY REGISTRATION AVAILABLE FOR AUG. 1 <sup>ST</sup> )				
HS-ID-1	FRI.	<b>JUN 20</b>	8:00 AM – 12:00 PM	\$200. / DAY	
HS-ID-2	FRI.	<b>JUN 27</b>	8:00 AM - 12:00 PM	\$200. / DAY	
HS-ID-3	FRI.	JUL 11	8:00 AM – 12:00 PM	\$200. / DAY	
HS-ID-4	FRI.	JUL 18*	8:00 AM - 12:00 PM*	\$200. / DAY	
HS-ID-5	FRI.	JUL 25*	8:00 AM - 12:00 PM*	\$200. / DAY	

<sup>\*</sup>CLASS WILL BE HELD @ SALT CREEK GOLF COURSE on 7.18 & 7.25; 1051 PROSPECT AV., WOOD DALE, IL

## Attending all six sessions (HS-1) is a great way for players to prepare for TOURNAMENT LEVEL PLAY or HIGH SCHOOL TEAM TRYOUTS and guarantee participation in the OBGC/PBGA end of program tournament

Students will receive in-depth instruction regarding improvement of their technical skills from top **PGA** teaching professionals Chuck Lynch, David Hannon and Kyle Carter, plus on-the course coaching.

Weeks 1 through 3 include a 1-hour skills training session, followed by a series of skills-challenge competitions.

Weeks 4 & 5 include a 1-hour skills training session, followed by a pre-round warm-up routine, then 9 Holes on the course.

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<sup>\*\*</sup>Week 6 (Friday, August 1st) will feature a 9-hole, student tournament played at Oak Brook Golf Club.